

*A Bat Mitzvah at  
Lubavitch Jewish Center of Alaska*



## *A Bat Mitzvah at Lubavitch Jewish Center of Alaska*

*According to Jewish tradition, a Bat Mitzvah reflects a major turning point in the life of a Jewish girl and as such, we believe very strongly that every girl should celebrate this milestone in a meaningful and traditional manner.*

*We are proud to present you a variety of suggestions to personalize your service and make this day, one to remember for years to come.*

### ***BAT MITZVAH SERVICE***

*The following is a description of a typical Bat Mitzvah service, which is approximately forty-five minutes to one hour, and includes readings from the Torah portion and D'var Torahs (speeches).*

*Welcome & Introduction*

*Special prayer & Explanation*

*Rabbi's Comments*

*D'var Torah on Parsha and Haftorah  
(includes readings of selected verses)*

*Parents' Greeting*

*Yivarechicha Blessing*

*Candy Throw and Congratulations from Everyone*

*Mazel Tov sung and played by..*

*Reception*

*Optional Candle Lighting Ceremonies on weekdays: The Bat Mitzvah girl may choose to honor family members and friends by inviting them to light a candle. She may have as many as 13 candles.*

## TUTORING

*The Pre-Bat Mitzvah “curriculum” serves as a forum for discussion and discovery, encouraging the Bat Mitzvah girls to learn more about this unique time in their lives. The Bat Mitzvah girl will be receiving special lessons which will cover the following syllabus:*

- ⌚ In depth learning of her Torah portion including selected commentaries*
- ⌚ Comprehensive review of the Haftarah and that historical period*
- ⌚ Famous Biblical Women - will compile a booklet with details from their lives and lessons that can be learned from them )*
- ⌚ Jewish Life Cycles ( unless that has been covered in her Jewish schooling)*
- ⌚ Research and discussions on the 3 “women’s mitzvot” and their importance to Jewish survival.*
- ⌚ Translation and history of her favorite prayer*

*After the majority of the studying has been accomplished, the Rabbi will guide the Bat Mitzvah girl in preparing her speeches and in choosing the appropriate verses, from her Torah and Haftarah portions, to be included in the ceremony.*

## MITZVAH PROJECTS

*An important theme in the Bat Mitzvah girl’s studies and training will be the history and customs of the tradition of Shabbos candle lighting every Friday night. If she’d like, she can complete a project about this mitzvah to be displayed at her Bat Mitzvah ceremony. In addition, the Bat Mitzvah girl is encouraged to choose a Tzedaka project, (such as volunteering her time, donating to a good cause, etc.) in honor of her Bat Mitzvah.*

## GUIDELINES AND SUGGESTIONS

### ☪ Ceremony options:

*Option A- A Bat Mitzvah ceremony at the Center, on Shabbat morning right after services.*

*Option B- A Sunday Bat Mitzvah, followed by a brunch or reception; it can take place at the Center, at home, a hotel, or at any other location in town.*

*Option C- A Bat Mitzvah ceremony on any other weeknights; it can take place at the Center, at home, a hotel, or at any other location in town*

☪ *A girl's Bat Mitzvah celebration should be after her 12th birthday (according to her Hebrew birthday).*

☪ *It is recommended to compile a program booklet to help guests follow the Bat Mitzvah ceremony, as well as Kippot with the Bat Mitzvah inscription, as a souvenir for the guests. Please speak to Esty Greenberg to determine which pages to include in the booklet.*

☪ *On weekdays you have the option of hiring a photographer or video for the ceremony.*

*Mazel tov on your upcoming simcha!*

*If you have any other questions feel free to call Rabbi or Esty at 907~279~1200*

B"H

## Registration Form for Bar/Bat Mitzvah

Family Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Daytime phone: \_\_\_\_\_

Date of Bar /Bat Mitzvah: \_\_\_\_\_ Type of Service: \_\_\_\_\_

Child's name: \_\_\_\_\_ Child's Hebrew name: \_\_\_\_\_

Grade \_\_\_\_\_ School: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Hebrew Birthday: \_\_\_\_\_ Bar/Bat Mitzvah Parsha: \_\_\_\_\_

Ceremony: Approximately how many people are you inviting? \_\_\_\_\_

Where would you like it to be?

☉ Center

☉ Other: \_\_\_\_\_

Reception: Do you plan to have refreshments immediately following the service? \_\_\_\_\_

Would you like to use our facility? \_\_\_\_\_

**Bar/Bat Mitzvah Classes Fee:**

Suggested Donation: \$500-\$1,000. May be paid in full or in installments.

Payment \$\_\_\_\_\_ enclosed in full

\$\_\_\_\_\_; Enclosed is \_\_\_\_\_, remainder will be paid by \_\_\_\_\_